



Balazs Polyanki

Psychologist, teacher of Psychology, trainer, author

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PROFESSIONAL EXPERIENCE

Counselling Psychologist

Self-Employed

from September 2002

- Private practice, contracted works with universities, institutions and firms

Leadership Development Lead

Vodafone

from August 2013

- Developing and delivering trainings; coaching, mentoring

Learning Consultant

NCR University, NCR Corporation

April 2008 to February 2013

- Designing and developing trainings; coaching, mentoring

Teaching Assistant

Select Education Plc. London, UK

January to June 2007

- Dealing with special needs children in groups and in one to one

EDUCATION

MBTI® Certified Practitioner

Anahat Ltd, India

2022

Kanban System Design Certification

Lean Kanban University, London, UK

2019

Bereavement Group Facilitator

Napfogyatkozás Egyesület, Budapest

2017

Team Coaching Facilitator Certification

New Human Bridge Solutions Ltd, Budapest, Hungary

2014

CI Yellow Belt Certification

NCR Corporation, ATM Factory, Budapest, Hungary

2012

Accelerated Learning Practitioner Certification

The Learning Revolution International - Workshop, San Diego, USA

2004

The Learning Revolution in Action

Visitor of the Apple Tour, Auckland Region, New Zealand

2003

Master's degree in Psychology and Teaching Psychology

Eötvös Lorand University, Budapest, Hungary

Special studies: Organisational Development, Cognitive Psychology

2003

PUBLICATIONS AND ACCREDITED COURSES

- Polyanki, B. (2023): Demonology. Psychology of Evil Spirits. Kéességfejlesztő Intézet Alapítvány, Dunaújváros
- Polyanki, B. (2019): Body Language. Basics of Human Nonverbal Behaviour. E-book. Kéességfejlesztő Intézet Alapítvány, Dunaújváros
- Polyanki, B. (2016): The Cost of Stress. Kéességfejlesztő Intézet Alapítvány, Dunaújváros
- Polyanki, B. (2005): Methods of Effective Language Learning. Learning Strategies Deposit Company, Bicske

- Coping with Stress and Burnout for Healthcare Workers. An 8-hour accredited workshop by the Hungarian Ministry of Education, 2017
- Psychology of Helping Relationships. The Way of Helpers. An 8-hour accredited workshop by the Hungarian Ministry of Education, 2021
- Psychology of Helping Relationships. The Structure of Behaviour. An 8-hour accredited workshop by the Hungarian Ministry of Education, 2021
- Psychology of Helping Relationships. The Sources of Development. An 8-hour accredited workshop by the Hungarian Ministry of Education, 2021
- Psychology of Helping Relationships. Drivers of Our Personality. An 8-hour accredited workshop by the Hungarian Ministry of Education, 2022
- Psychology of Helping Relationships. Social Interactions. An 8-hour accredited workshop by the Hungarian Ministry of Education, 2022

OTHER

- Translating Dryden and Vos' book *The Learning Revolution* (The Learning Web, Auckland 1999) into Hungarian, published by Bagolyvar Publishing, in 2004
- International professional experience in the following countries: USA, UK, Oman, Egypt, Hungary, Romania, Germany, Serbia, Czech Republic, The Netherlands, Switzerland, Greece, France, Singapore, India, Japan and New Zealand
- Personal interests: woodworking, running, gardening, cooking, playing the guitar, reading, meditation and mindfulness